

## Lip tattoo pre care & FAQ's

### What is a Lip Tattoo?

A lip tint tattoo is a soft wash of colour in a similar tone to your natural lips but with a little more pop! All you have to do is add a little gloss and go. The lip tint tattoo technique doesn't have a lip liner effect, the whole colour blends seamlessly across the whole lip giving them more definition. It is a more natural effect and would be similar to a lip stain or tinted lip balm effect.

A lipstick effect tattoo is a bolder colour of your choice and is more saturated colour, often recommended for lighter more muted tones.

The effects of a lip tattoo are smudge proof and last between 2-3 years depending on the colour/softness of the tattoo. If a subtle colour change is chosen, this may require more regular touch ups.

### How will my lips look straight after the treatment?

The pigment colour fades between 30-50% so you will leave the studio with a brighter/lipstick look. The colour will continue to intensify slightly over the first 24 hours as the surface pigment oxidises. Your lips may also be swollen from the procedure, this will go down after 24 hours.

### How far apart are my treatments and what will they look like in between?

We cannot do the second treatment until your skin has fully healed as we don't want to damage your skin. Anywhere from 6-8 weeks depending on age. The colour will change over the healing time, once the flaking has stopped they will look quite light, then the pigment takes a little while to fully resurface and intensify as it settles. The skin will often heal/flake faster from the centre areas of the lips as these areas are naturally more moist, this is normal but being very careful with aftercare will help retain colour. Sometimes a touch up isn't required, this will depend on the colour chosen and the intensity we are trying to achieve, as well as your pre care and after care.

### How long until they heal?

Healing is around 3-5 days but this can vary depending on how well hydrated your skin is and how well you follow aftercare. 7 days maximum. Your lips will start flaking around day 2-3 and will last normally only a day or two. The flaking stage will look/feel like windburn, you will need to keep applying your aftercare balm and not pick. Surface healing time should be no longer than a week. Full aftercare instructions will be provided upon booking and on the day.

### Does the treatment hurt?

A topical numbing cream is applied before the treatment, and re numbed throughout if necessary to keep you comfortable. We work gently and layer the pigment to build up the colour. Everyone's pain tolerance is different.

### How do we pick a colour?

For the most natural lip tint, its ideal to pick a colour as close to your natural lip colour and tone. We keep in mind the undertone in your lips & skin, and of course the colours you are naturally more drawn to. You are welcome to bring your favourite colour for us to match as closely as we can. We will apply colour options to your lips before deciding.

### What do I need to do prior to my appointment?

Pre care is important. Lips cannot be dry. Keep lips well hydrated as if you turn up with dry lips the procedure cannot be performed.

- **Two weeks prior** – Up your water intake to a minimum of 2 litres per day. Exfoliate lips gently with a toothbrush if they are dry. Do not over do this as it will make lips sensitive, every few days or so or just a couple of times prior to your appointment if they're not dry. You can also use a lip scrub, these can be made at home too. Use lots of lip balm to hydrate. If the lips are particularly dry Bepanthen is ideal to use.

- **One week prior** – No blood thinners unless medically necessary. E.g aspirin, niacin, Vitamin E, B6, omega 3 including fish oils, ginkgo biloba, st.johns wart, evening primrose oil.

- **24 hours prior** – No exercise, coffee/caffeine, alcohol and pain killers if possible e.g Panadol, all of these can thin the blood and cause excess bleeding causing colour loss.

**IMPORTANT:** Please note if you have a cold sore virus/are prone to cold sores, you need to go on antivirals 3 days before treatment. Even if you have never had a cold sore there may be a chance you could get one after lip tattooing. These will need to be prescribed by your GP. Please note the prescriptions/course time can differ. If you do get a cold sore outbreak, it may mean you'll require a touch up as it can damage the pigment in that area.