

## Aftercare for Tattoo Removal

Keep the area clean and open to the air. Do not cover with a Band-Aid and do not touch the area unless you have just washed your hands.

Cleanse 3 x a day with saline. Dampen a paper towel with saline then press and blot to clean the area 3x daily. This can be purchased from any Pharmacy or the solution can be made at home.

Do not soak the treated area in water. In and out of the shower avoiding getting area wet. If it does get wet, gently pat dry.

No bathing, swimming, saunas, tanning or exercise while healing. Do not disrupt, pick or scratch the scab. The unwanted pigment will be drawn up into the scab so it's important to keep the scab as long as possible. Allow scab to fall off naturally.

Treat the area with TLC. Do not do anything that could compromise or cause problems to the treated area.

Once all scabbing falls off apply your aftercare balm 3 to 4 times a day throughout the day for a minimum of 4 weeks. DO NOT start applying the balm until all scabs have naturally fallen off.

For lip tattoo removal please drink through a straw until all scabs are off. Brush teeth with a natural toothpaste (no bleach, whitener or peroxide). Cut food into small bites...no biting into a sandwich. Keep mouth expressions to a minimum. Once all scabs fall off either your all-natural healing lip balm is appropriate or Vitamin E oil. Chapstick or Blistex is not appropriate

### LI-FT: AFTER THE HEALING PROCESS

- The area can stay pink or discoloured for several weeks
- On some people it may take a few months for all the pink/redness to completely fade away. This may be post-inflammatory hyper-pigmentation
- Then there may be others where the skin may always be slightly discoloured.

Tattoo removal can take more than one session, sometimes up to 5 sessions may be required. This will depend on many things – What type of pigment/ink it is, where on the body, how saturated the pigment is, how deep it was implanted, skin type, how well the aftercare is followed etc.

Each session needs to be 8 weeks apart to ensure skin is fully healed.

Please feel free to contact me if you have any concerns or questions on [info@jessbrownartistry.co.nz](mailto:info@jessbrownartistry.co.nz) or 021871645